



Family Ministry



Kids (Crawling Babies – 5th Grade) & Students (6th-12th Grade) (College & Young Adults)

Greetings Families,

We are aware of the evolving information regarding COVID-19 virus, and it is always our desire to support and undergird you in being the BEST parents and most influential people in your child's spiritual growth journey. This Sunday, we encourage you to Live Stream service @ 9:30 a.m. at <https://www.faithchapel.net/faithchapeltv> TOGETHER as a family and pray the confessions provided to you with your family on a regular basis.

We are praying Psalms 91 over your family and want to provide you with the resources listed below specifically designed for your children and teens that will assist you in having conversations with them and leading them during your family's devotional time.

- Faith & Healing Confessions
- Preschool (up to K4) Parent Conversation Guide & Parent Cues
- Elementary (K5-5th Grade) Parent Conversation Guide & Devotions
- Middle School (6th-8th Grade) Parent Conversation Guide
- High School (9th-12th Grade) Parent Conversation Guide

Join us every Tuesday night for our Family Ministry Prayer Call at 6p.m. CST/7p.m. EST.
Call: 425-436-6324 and use Access Code: 115511

Download and print the following books:

https://www.mhgs.org/Text/Charles_Capps/godscreativepowerwillworkforyou.pdf

https://www.mhgs.org/Text/Charles_Capps/Faith_that_Will_Work_for_You-Capps.pdf

To replay the statement from our Senior Pastor, Dr. Moore, click <https://youtu.be/mUz3xIz3IXU>.

Again... while we understand that there is a lot of information being communicated, we believe the TRUTH of God's word, pray Psalms 91 over your family, and look forward to connecting with you all soon.

Thank you!

Faith Chapel Family Ministry Staff

Kids (Crawling Babies – 5th Grade) & Students (6th-12th Grade) (College & Young Adults)

Our Vision: We grow people up through God's Word to Just Be Worship, Word, and Witness.

(205) 785-9673 or (205) 380-2990

www.faithchapel.net/kids and www.faithchapel.net/students



Prayer/Confession for Divine Health

Father God,

I thank You that above all things I am prospering and I am in health, even as my soul prospers. You are Jehovah-Rophe and have taken sickness and disease away from the midst of me.

So, I boldly proclaim healing over my body. By Jesus stripes I am healed, healthy, and whole from the top of my head to the soles of my feet. **My body is free from sickness, disease, pain, discomfort, distress, viruses, and all manner of sickness.** Every organ and system in my body operates and functions the way God created it, with supernatural efficiency.

According to Psalm 91, I thank You for Your angelic protection. **I decree and declare that no evil shall befall me or my family, neither shall any plaque come nigh our dwelling places.**

I am not moved by negative reports, because I believe God's Word and His Word says I am healed, healthy, protected and whole in Jesus' Name. Amen.

Prayer/Confession for Overcoming Fear

Father,

Your Word declares that **You have not given me a spirit of fear,** but of power, love and a sound mind. **I take authority over fear, I rebuke it and boldly proclaim I have no fear in Jesus Name.** I fear not. Jesus loves me and His perfect love casts out ALL fear.

I release faith, not fear. I stand on Your Word. I decree and declare that no weapon formed against me will ever prosper. I dwell in the secret place of the Most High God. Therefore, no evil befalls me or my family, nor does any plaque coming nigh our dwelling places. Your angels keep charge over us to protect and defend us in all of our ways.

God is for me, so who can be against me. The Lord is on my side, so I will not fear, worry or doubt. Greater is He who is in me, than He who is in the world.

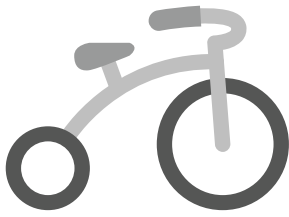
Thanks be to God, who gives me the victory. **I am more than a conqueror in You.** Thank You and always causing me to win. I claim the victory in every area of my life. In Jesus Name, Amen.

Faith Confessions

Father,

I come before You in the Name of Jesus, and I choose life today! **I walk in faith and not in fear.** I build my faith by reading and meditating in Your Word. I study Your Word. I listen to Your Word and I give Your Word the final authority in my life. Your Word declares that I can have what I say. **I give life to my faith by speaking Your words out of my mouth.**

- ✓ In Christ I am anointed and I am a powerful person of God.
- ✓ I am a joint-heir with Jesus and I am **MORE THAN A CONQUEROR.**
- ✓ God is for me, so who can be against me?
- ✓ I am blessed coming in and blessed going out
- ✓ My enemies are fleeing before me. God has commanded His blessing on my storehouses.
- ✓ I am the head and not the tail; above only and never beneath.
- ✓ **I dwell in the secret place and I have protection and provision. God is my refuge, my fortress. I am not afraid of the snare of the fowler.**
- ✓ **No evil shall befall me and no plague, danger, violence, incidents, accidents, shall come nigh my dwelling. God has given His angels charge over me and they are bearing me up in their hands lest I dash my foot against a stone, as declared in Psalm 91.**
- ✓ 1 Peter 2:24, states, I have been healed by the stripes of Jesus: asthma, arthritis, cancer, viruses, diabetes, heart disease, sickness, afflictions, infections, or any other disease cannot enter my body.
- ✓ I am the righteousness of God, saved, and washed in the Blood of Jesus.
- ✓ No weapon formed against me shall prosper, and every tongue which rises against me in judgment You shall condemn. This is the heritage of the servants of the Lord, and their righteousness is from Me, says the Lord.
- ✓ I am saved from wrath by Him and justified by the Blood of the Lamb.



Preschool

CRISIS

PARENT CONVERSATION GUIDE

... for great conversations with kids

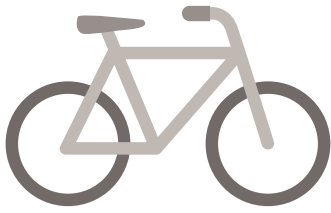
Your toddler/preschooler can have a meltdown over a toy or snack. But what happens when there is a bigger crisis or tragedy in their world, like the death of a loved one or a big move or a divorce? What do you do? What do you say? A preschooler may not be able to verbally express how they are coping, but there are ways to pay attention to your child's non-verbal cues.

No one knows your preschooler better than you. You will be able to notice if they are in crisis mode before anyone else. Pay attention to changes in behavior (like thumb-sucking, bed-wetting, and clinginess) and provide a consistent, safe, and loving environment for them to heal and grow.

Help them feel secure. When your preschooler is experiencing a crisis, there are some things you can say and do that will help them feel safe. Here are a few ideas:

- "I'm here, you're not alone." (*Listen to their feelings and validate them.*)
- "Why don't we draw/color together." (*Observe how they express themselves symbolically.*)
- "I love watching you play." (*Pay attention to what they mirror, watch how they play and notice changes or regression in their behavior.*)
- "I am always looking out for you."
- "I'll help you when you need it."
- "I'll play with you. I love having time with you." (*Move to their play area or space. Play is their first language.*)
- "He/she died. That means their bodies stopped working." (*Explain in simple clear words. Don't use confusing phrases like, "We lost grandma."*)
- "You are a beautiful, wonderful, child of God."
- "You can know that God is always with you."
- "Even when you feel sad, God loves you."

Make sure to involve professionals, counselors (as needed), as well as your ministry leader.



Elementary

CRISIS

PARENT CONVERSATION GUIDE

... for great conversations with kids

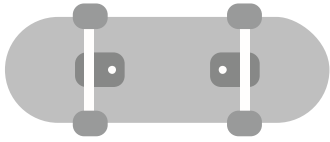
When a kid experiences crisis, they tend to have more questions than answers. What they're going through might sound minor to you, or be really scary to both of you. Either way, be sensitive to any changes you see in your child, and be careful to respond by offering grace and support along the way.

During this phase, your child is building a worldview, so when dealing with a crisis, remember to reiterate what is true. Be honest when you don't have the answers, assure them you're there and they are loved by you—and remind them that God is there, too.

Validate their feelings. When you interact with your child, there are some things that you can say and do to help them feel validated and secure. Here are a few:

- "Some things are changing, and that can be tough. But there are some things that will never change. I love you. God loves you. And we can trust God no matter what."
- "This is what I'm feeling right now, how are you doing?"
- "Can you put words to what you are thinking or feeling? Even if it doesn't all make sense, talking about it can help."
- "Do you have any questions for me?"
- "This doesn't make sense to me either. I can understand how this is confusing for you."
- "I am here whenever you need me."
- "Sometimes, scary things happen in our world, but I want you to know that God is always with you. And you can talk to Him anytime."

Make sure to involve professionals, counselors (as needed), as well as your ministry leader.



Middle School

CRISIS

PARENT CONVERSATION GUIDE

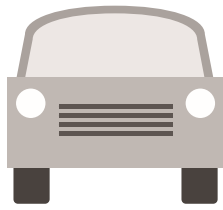
... for great conversations with kids

Your middle schooler is changing—their rapidly changing bodies and brains make everything extra interesting, and sometimes extra challenging. When you add to that a cultural or local crisis—like the tragic death of a student or an act of violence in your community—this time in their life can be very difficult. During this time, your goal is to consistently affirm your middle schooler.

Strengthen their resilience. Support and affirm their ability to thrive through the difficult things they might experience. Here are some words to say during these times:

- “I hear you. Keep talking.”
- “When you’re ready to talk, I’m here.”
- “Help me understand.”
- “What do you wish I knew about all of this?”
- “This really stinks. It’s bad. I’m sorry.”
- “I’m not trying to fix it. I just want to be here for you.”
- “I don’t think I have an answer, but I can sit here with you.”
- “I believe you have what it takes to get through this, and I’ll help you.”
- “How are your friends handling this situation. . . What about you, how does it make you feel?”
- “It might be helpful if you talked to someone besides me. Would you be willing to meet with a counselor/Small Group Leader/coach?”
- “Scary things happen in the world we live in. It’s okay if that worries you/makes you afraid. You can always stop, pray, and ask God to give you courage.”

Make sure to involve professionals, counselors (as needed), as well as your ministry leader.



High School

CRISIS

PARENT CONVERSATION GUIDE

... for great conversations with kids

With teenagers, it seems that pressures increase along with their responsibilities. The potential for them to experience a crisis—whether from their own decisions or from the actions or decisions of others—also increases.

Teenagers will tend to go to others in their circle for support, like their peers and even social media. They likely won't come running to you. So when a crisis happens, initiate the conversation.

Encourage without adding pressure. See your teenager for the adult they are soon becoming, and offer more help if they need it. When you come alongside them instead of trying to fix things for them, or adding more pressure, it helps them to open up to you and not shut down.

Here are a few ideas of what to say to enter into their world so that you can offer your support and show them how much you believe in their potential:

- "I'm listening. Tell me what you're thinking when you are ready."
- "How are your friends handling this? . . . What about you, how are you processing it?"
- "It seems like you might be feeling_____. Am I right?"
- "This is how I'm doing, how are you feeling?" (*Putting words to your feelings helps them put words to theirs.*)
- "I don't have all the answers. It might help if you talked with a counselor/pastor/coach. Would you like me to help connect you?"
- "You may not feel like you have what it takes to get through this, but we (me, your Small Group Leaders, your friends) will sit with you until you can make your next step."
- "Scary things do happen in our world. But God is always with you. You can talk to Him anytime, anywhere."
- "It's okay to feel confused about this situation."
- "When you're ready to talk about it, let me know."

Make sure to involve professionals, counselors (as needed), as well as your ministry leader.