



WEEK 1

NEHEMIAH 1:1-2:1-9

Nehemiah Hears About the Wall

SAY THIS: Be on the lookout for what needs to be done.

WEEK 3

NEHEMIAH 5:1-12

Nehemiah Helps the Poor

SAY THIS: Don't wait for someone else to help people in need.

WEEK 5

NEHEMIAH 3-4

Wall is Rebuilt

SAY THIS: Look for ways to celebrate what God has done.

REMEMBER THIS

"Work at everything you do with all your heart.
Work as if you were working for the Lord."
Colossians 3:23a, NIV

LIFE
APP

INITIATIVE—Seeing what needs to be done and doing it



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DO THIS



MORNING TIME

Say this as you say goodbye to your child this morning, "Find a task that needs to be done in school today and go for it! You rock!"



DRIVE TIME

Make a special trip to grab some ice cream or any special treat and tell your child you are going to celebrate! What are we celebrating? Ask them to think about what God has done this week in their life and talk about it while enjoying your special dessert. If they have a hard time thinking of an idea, prompt them with something you have seen!



MEAL TIME

Q & A for kids: What is something you never seem to see that needs to be done? (e.g., dirty clothes on the floor) *(Hint: Your parent probably knows the answer to this if you don't.)*
Q & A for parents: Are you more distracted by people, technology or other tasks when it comes to finishing a job?



BED TIME

Read Nehemiah 2:11-18. Brainstorm some things you've seen that need to be done that your family could do together. Maybe it's inviting a new family in the neighborhood for dinner, or cleaning up the trash in an empty lot. Then, don't wait for someone else to do it. Instead, plan a time this week for your family to jump into action. Pray together and ask God to help you follow through.

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READ GENESIS 6:9

DAY 1

Can you imagine what it must have been like to be Noah? He was the only one following God and making wise choices. He was probably already used to standing out in a crowd for being willing to stand up for God, but then God asked him to build a giant ship to save him from a flood when it wasn't even raining! Noah could have put off doing what God told him to do until he could convince others to do it with him, but if he had, he might have missed his window to get the ark built in time! Instead, Noah obeyed God and did what needed to be done, all by himself.

What in your life needs to be done that you might have to do alone? It might be a task, like a neglected chore, or helping someone else with their work. Or it might be standing up for someone else or for what is right when no one else is.

LISTEN to what God might be telling you to go and do all by yourself today.

READ DANIEL 3:28

DAY 2

Shadrach, Meshach, and Abednego didn't wait for others to do the right thing. They knew that bowing before a fake god would be wrong, so they stood up to the king. Even when we know what God says to do, sometimes doing the right thing means taking a stand when no one else will.

Choose a scenario below—what should you do in that situation? On the last one, fill in the blank and create your own scenario where you have to choose your own adventure.

- You're at a sleepover and your friends want to get on a website you know you're not supposed to look at.
- Your friend forgot to do his homework and asks to copy yours.
- Everyone looks the other way as the new kid searches for a place to sit at lunch.
- _____

LISTEN to what God says in His word and follow Him even when others don't.

READ PSALM 119:60

DAY 3

How fast are you? Time yourself doing each activity once, then go back and try to do it faster for round two.

ACTIVITY:

ROUND 1 TIME:

ROUND 2 TIME:

10 sit-ups

10 jumping jacks

Run across the room

Five push-ups

20 squats

You might be a fast runner or able to do jumping jacks faster than anyone you know, but how fast are you to do what needs to be done? When you see a need, do you hang back to see if someone else will do it first, or do you step up to be the first person and lead by example? This week, try to be the fastest in responding to needs that you see!

KNOW that you can do what needs to be done right away.

READ ROMANS 12:2

DAY 4

Sometimes people are so focused on changing the world that they forget they can start by making the lives of people around them better. Instead of only thinking about yourself and your own chores, responsibilities or even fun things you want to do, look for ways you can help others.

Match the phrase below to uncover some ways you can help others.

**FOLD
HELP TEACHER
CHEER UP
DO A CHORE
STAND UP FOR
CLEAR**

**THAT'S NOT YOURS
SAD FRIEND
SOMEONE BEING PICKED ON
THE DISHES
CLEAN ROOM
LAUNDRY**

THANK God for changing your heart and mind to be more like His.

**DON'T WAIT FOR SOMEONE
ELSE TO DO WHAT NEEDS
TO BE DONE.**



READ 1 CORINTHIANS 16:13

DAY 1

There are a lot of things that can take our attention away from what needs to be done, so it's important to keep our focus on what God has for us to do. That requires us to be on our guard and remain strong and brave!

Make up some hand motions to help you memorize 1 Corinthians 16:13. For example, you can put your fists up by your face as though you're a boxer "on guard," then flex your biceps for "strong," and then end with your arms down by your side, standing brave and proud. Make your own version and repeat it in front of the mirror a few times until you know it and believe it!

ASK God to help you remain strong as you focus on what needs to be done.

READ 1 CORINTHIANS 15:58

DAY 2

Here's a fun challenge: say the alphabet backward. Z, Y, X, W, etc.

It takes a serious amount of focus, doesn't it? You probably didn't think about anything other than letters for a couple of minutes while you tried to complete the challenge.

Whenever you're trying to do what you know you're supposed to be doing, it takes focus. So many things can distract us. But by keeping our focus on what God has for us to do, we can get the task done and move on to the next thing He wants us to do!

KNOW that God has given you important work and all you need to get it done.

READ JAMES 1:23-25

DAY 3

Sometimes we hear what we're supposed to do, but then we get distracted and forget to follow through. What are some things that distract you from doing what you're supposed to do? Unscramble the list below to find some common distractions. *(Note: these aren't bad things at all; they can just distract us from what God wants us to do if we aren't careful.)*

NSLEETIOIV _____
MSAGE _____
PTSORS _____
LECL NHOEP _____
VOIDE SGMAE _____
TETENIRN _____
RDGNEAI _____

ASK God to help you ignore distractions when you have a job to do.

Answers: television, games, sports, cell phone, internet, reading, video games, cell phone, sports, games, internet, reading

READ PROVERBS 4:25-27

DAY 4

Try patting your head and rubbing your belly in a circle at the same time. Now, try reversing it: rubbing your head in a circle and patting your belly. Which one was harder for you? They both required a lot of focus though, right?

Choosing the right path, or making the wise choice, requires a lot of focus too. There are a lot of things and people that can distract us and steer us off course. But if we think carefully about the choices we are making, we can follow in God's footsteps and stay on the right path.

LISTEN for God's voice to guide you down the right path and stay focused on what He has for you to do.

**STAY FOCUSED ON WHAT
NEEDS TO BE DONE.**